

Health Policy for GolfWA Sanctioned Junior Event Venues

GolfWA recognises and values the importance of creating a healthier environment for everyone who attends the venues we host events at. This policy sets out the aims and principles of healthy food and drinks, alcohol, smoking, mental health, sun-safety, injury and sponsorship at GolfWA Sanctioned Junior Event Venues.

Healthy Food and Drink Policy

GolfWA is committed to providing healthier food and drinks that align to the Australian Dietary Guidelines and the Australian Guide to Healthy Eating, which establish the basis for a healthy eating approach. A key message of the guidelines is to enjoy a wide variety of nutritious foods every day.

GolfWA is well placed to promote the importance of healthy eating and guide the development of healthy eating patterns and behaviours of staff, volunteers, participants and spectators.

Standards for food and drinks

GolfWA will:

- ensure free drinking water is available at junior activities or events conducted by GolfWA where practical in discussions with venues
- encourage healthy food and drink offerings at all GolfWA junior activities or events
- not use unhealthy (red) food/drink (or vouchers for same) as prizes or awards
- ensure that only food and drinks that support our policy are used for fundraising
- encourage staff (and volunteers where practical) to complete Fuel to Go & Play® training including [Canteen and Food Service Staff](#)
- share with staff, volunteers and customers about our Healthy food and drink policy and our commitment to health and wellbeing.

At GolfWA sanctioned junior events, we will encourage the Food and Beverage Café / Kiosk / Facility / Venue to:

- provide and promote water
- plan a menu using the Fuel to Go & Play® traffic light system, for example:
 - increase the range of healthy food and drinks (green options) e.g. water, vegetables, fruit, lean meat, sushi, soup
 - limit unhealthy food and drinks (red options) e.g. deep fried food, sugary drinks
- ensure that only healthy food and drinks (e.g. green options) are promoted and displayed where possible
- offer healthy choices that are priced competitively



Fill the menu

Select carefully

Limit or remove

Food safety and hygiene

GolfWA Sanctioned Event Venues will be encouraged to adhere with the Food Act 2008 (WA) and the Food Regulations 2009 including venues holding a licence as a food business.

GolfWA Sanctioned Event Venues will encourage all paid and volunteer staff to:

- complete food safety and hygiene training e.g. FoodSafe® Food Handler Training program or its equivalent
- wear hats, hairnets and aprons which will be provided by the Venue
- not sell (or provide) foods made at home or brought in by staff or volunteers from a commercial supplier through the food service
- prepare, cook, transport and serve food in such a way as to retain nutrients and to minimise bacterial contamination and growth

Occupational health and safety

GolfWA will comply with the *Occupational Safety and Health Act 1984* and *Occupational Safety and Health Regulations 1996*. Examples include:

- All staff and volunteers to be made aware of evacuation procedures in case of fire or other emergency
- All staff and volunteers to wear enclosed footwear when working in the food service (e.g. kiosk, bar). Shoes with heels or open sandals/flip flops are not acceptable
- Only food service staff and volunteers rostered for duty may enter the premises during normal trading hours
- Children (e.g. children of staff or volunteers) are not permitted in the food service during normal trading hours.

Allergy and anaphylaxis management

Food allergen management is part of food safety and all food service providers must comply with the legislation. The law requires you to provide accurate information when a customer asks about allergens in the food you are serving. Further information is available from www.foodallergytraining.org.au. An Allergy Aware Checklist can be downloaded from the resources section of www.foodallergytraining.org.au

GolfWA will encourage staff and volunteers to complete *All about Allergens* online training available free at <https://foodallergytraining.org.au>

All host venue paid and volunteer staff are encouraged to be aware of the risks food allergy poses. It is important to:

- know how to identify and manage food allergy
- understand the law with regards to food allergy and food service provision
- know what is in your food so that you can provide accurate information about foods a customer is allergic to
- know how to respond to enquiries from customers with food allergy.

Alcohol Policy

In the interest of health and safety GolfWA will actively seek to promote, encourage and support strategies to minimise harm from alcohol and other drug use.

GolfWA will ensure:

- alcohol is served in accordance with the requirements set out in the Liquor Control Act 1988. This includes no alcohol being served to patrons under the age of 18 years or to intoxicated patrons
- alcoholic drinks are served in standard-sized drink portions, should alcohol be available
- low strength alcohol and non-alcoholic choices must be available should alcohol be available
- ensure free drinking water is available at activities or events
- alcohol (or vouchers for same) must not be provided as prizes or awards
- no activities or promotions that encourage rapid consumption of alcohol (e.g. discounted drink prices, happy hours, drinking competitions), should alcohol be available at activities or events
- no promotions that glamorise getting drunk or imply that getting drunk is desirable e.g. providing drinks or cocktails with names that imply they will get you drunk

Smoke-free Policy

GolfWA recognises that smoke-free environments protect non-smokers from the harmful effects of Environmental Tobacco Smoke (ETS) and contribute to reducing tobacco consumption levels.

GolfWA will ensure:

- all indoor and outdoor areas under the control of the venue are maintained as smoke-free, including e-cigarettes, at all GolfWA junior sanctioned events
- the smoke-free policy applies to all bench, playing areas and changing rooms for all players, coaching staff, referees and other team officials involved in competitions under the venues control.

Sun Protection Policy

GolfWA recognises that exposure to ultraviolet radiation (UV) has negative health effects and will therefore introduce measures to minimise exposure.

GolfWA will:

- strongly recommend and support sun safe practices for all activities
- encourage the use of sunscreen (SPF 30+) to all staff, members and participants
- where possible encourage activities to be conducted before 10.00am or after 3.00pm to avoid peak UV times, ensuring shade is utilised to protect participants and spectators
- will encourage clubs to provide free sunscreen for all participants at GolfWA sanctioned junior events

Mental Health Policy

GolfWA will ensure:

- we support strategies that provide opportunities for staff, members and participants to be mentally, physically and socially active
- we proactively encourage staff, members and participants to volunteer for the organisation, to set personal goals for achievement and to more broadly be involved in other community events and environments
- we encourage staff, volunteers and participants to treat all groups in the organisation and community with respect, equality and openness.

Injury Prevention Policy

GolfWA is committed to improving the health of its participants, players and coaches through safe participation in sport and physical activity.

GolfWA will:

- promote and encourage the use of protective equipment where appropriate
- conduct warm up, stretch and cool down routines at all Junior Talent Development and High Performance training / competition sessions
- ensure an appropriately qualified first aid person is present at all GolfWA junior sanctioned events, Crunch&Sip Junior Tour events and Talent Development Programs

Distribution and review

- A current copy of this policy will be on permanent display at all GolfWA sanctioned junior events
- A current copy of this policy will be distributed to all GolfWA staff and event hosts
- This policy will be reviewed annually with the input of Healthway's Partnership Officer

Endorsement

We the undersigned, hereby certify that this Policy was adopted by GolfWA for all junior sanctioned GolfWA events

31st July 2025

Signature:



Name:

Marc Pike

GolfWA Participation Manager

Signature:



Name:

Gary Thomas

GolfWA Chief Executive