



2025 / 2026

WA High Performance Program

Monday 25 August

WA High Performance Program

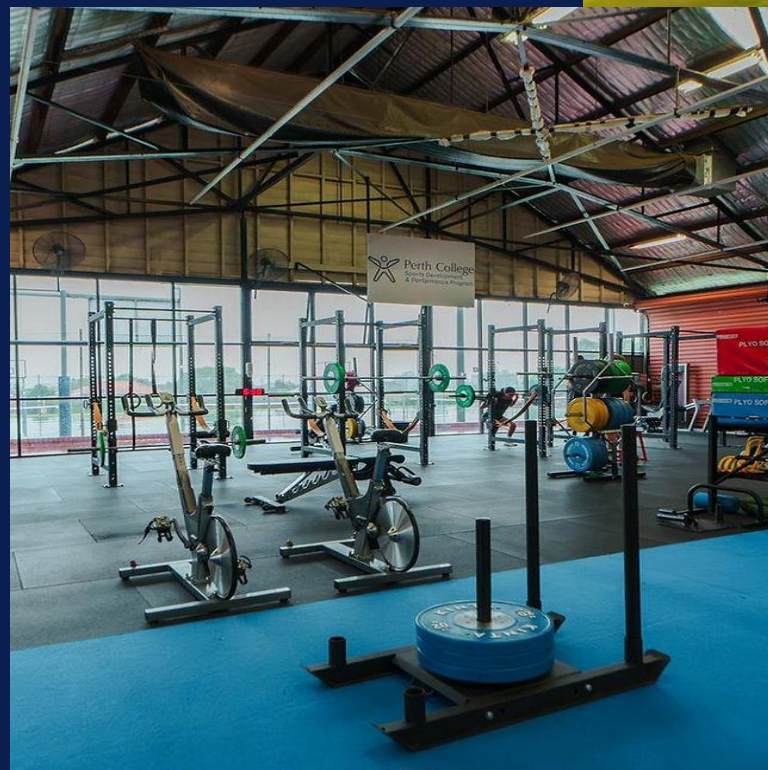
September – December 2025



WA High Performance Team

HP Manager	Rick Kulacz
Head Coaches	Alex McKay/Oli Goss/Ritchie Smith*
Performance Coaches	Alex McKay/Oli Goss
Development Coaches	Matt Wolfe/Jess Speechley
Female Pathway Manager	Stacey Peters/Steph Na
Physiotherapist	Marty McInnes
Strength & Conditioning	Liam Warwick
Performance Psychologist	Jo Ayers
Biomechanics	Ryan Lumsden
Participation Manager - TDP	Marc Pike

Training Venue and Access



High Performance Program

Selection criteria used for WA HP program:

- All players who were in 2025 WA State Squads will be eligible for the WA HP Program or Development Program.
- Athletes will be selected based on:
 - Results - (club, regional, state, national, international)
 - Ranking – (state, national and international)
 - Subjective criteria – (potential, effort)

2025 High Performance Program



Support	WA HP Program	Development	TDP
Gym Access			
Strength and Conditioning 1:1		Workshop	Workshop
Psychology 1:1		Workshop	Workshop
Nutrition 1:1		Workshop	Workshop
Physiotherapy 1:1		Workshop	Workshop
Biomechanics 1:1			
Individual Performance Planning and Review			
Access to AGC			
Potential International Competition Exposure			
Targeted funding support			
Training and Competition Environment			

High Performance Program

What is next?

- Communications will be sent out informing each athlete of their selection in either the WA HP Program or Development Squad by September 1.
- Development squad athletes will commence training as of September 13.
- WA HP Program athletes will commence training as of September 23.

WA High Performance Program

January 2026 onwards



High Performance Program

Selection criteria:

- All athletes will be asked to apply for the NEW W.A HP Program in January 2026
- Program start in March 2026
- Athletes will be selected based on the National Selection policy
 - Results - (club, regional, state, national, international)
 - Ranking – (state, national and international)
 - Subjective criteria – (potential, effort)

2026 High Performance Program



Support	Tier 1	Tier 2	Tier 3	Tier 4	TDP
Gym Access					
Strength and Conditioning 1:1				Workshop	Workshop
Psychology 1:1				Workshop	Workshop
Nutrition 1:1				Workshop	Workshop
Physiotherapy 1:1				Workshop	Workshop
Biomechanics 1:1					
Athlete Wellbeing and Engagement 1:1					
Individual Performance Planning and Review					
Medical Screening					
Equipment					
Access to AGC					
International Competition Access					
Targeted funding support					
Training and competition environment					

