

## <u>Talent Development Program (TDP)</u>

- ·Identified talent through handicap / TID / potential
- •Focused on the development of 12 to 17-year-old athletes
- •Focus on developing a holistic athlete with a periodised program to develop golf skills, strength and conditioning, recovery, nutrition, psychology and values, integrity and teamwork

## **Key Information**

- •2022 Pre and post TDP S&C athlete testing with parent workshops
- ·5 TDP's annually including golf, soft skills and testing
- •Top State HP coaches providing sessions around key topics / areas they are passionate about
- ·HP athletes in attendance to support / measure testing
- •Athletes sign up for the year not per event to target those who are committed





